

MEDICAL UPDATE LETTER FOR DONOR #12572 (TIMBER) - 2026-03-31

Donor #12572 (Timber) has been diagnosed with rheumatoid arthritis.

To Whom it May Concern,

We are writing to provide a medical update regarding Donor #12572 (Timber).

At Seattle Sperm Bank, we are committed to keeping families informed about significant medical information related to our donors. We share these updates with care and transparency. We recognize that receiving medical updates may raise questions, and we are always available to discuss this information further.

Medical Update:

Donor #12572 (Timber) recently informed Seattle Sperm Bank that he has been diagnosed with rheumatoid arthritis at the age of 34. He reports that he is being managed with medication and is responding well. He has a family history of rheumatoid arthritis in his paternal grandmother and in one maternal first cousin. Additionally, he has a family history of other autoimmune conditions in extended relatives.

Rheumatoid Arthritis:

Rheumatoid arthritis (RA) is an autoimmune condition in which the body's immune system attacks the lining of the joints, resulting in pain, swelling, and stiffness, most commonly affecting the wrists and fingers. Treatment is available to help manage symptoms and reduce joint damage.

The causes of autoimmune conditions such as RA are complex and involve a combination of genetic, environmental, and lifestyle factors. A family history of any autoimmune disease increases the likelihood of developing either the same or a different autoimmune condition, due to shared genetic predispositions. Given this history, individuals conceived using this donor have an increased chance of developing an autoimmune condition. The overall risk will also be influenced by the genetic background of the egg source as well as environmental and lifestyle influences.

Next Steps for Families who have Utilized the Donor:

We encourage you to share this family history update with your child's pediatrician and/or providers involved in your fertility treatment and prenatal care. If Seattle Sperm Bank receives additional new medical information that would impact the risk of health conditions in children of this donor, we will notify you by sending a follow-up letter.

Please notify Seattle Sperm Bank of births and or pregnancies beyond the first trimester using [SSB's birth reporting webpage](#) and notify the genetics team if your child has been diagnosed with any medical conditions.

All donor-related updates can be found on the Medical Update Log, which is the final page of the donor's Extended Profile located on the website.

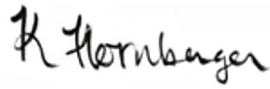
Do not hesitate to reach out if questions arise or if clarification would be helpful. You are welcome to schedule a phone consultation with one of Seattle Sperm Bank's certified genetic counselors if you would like to discuss this information over the phone.

In partnership,

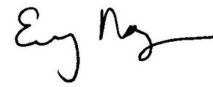
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